

Forth to Farne Pilgrim Way COCKBURNSPATH to ST ABBS

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Cove Harbour, 1.5miles east of Cockburnspath

A safe haven for fisherman since the 17th century, owned by the Cove Harbour Conservation Ltd who also maintain its timeless beauty. All of the buildings associated with the harbour are listed. a A long tunnel through the headland gives access to the harbour. Within the tunnel are large storage areas that were used by pirates in times past.

St Helen's Church, 3.5miles south of Cockburnspath

The ruins of this 12th century parish church sit a short way off the Way. It was in use until the late 17th century.

Hutton's Unconformity at Siccar Point, 4miles south of Cockburnspath

James Hutton was the father of modern geology. In 1788 from a boat off Siccar point he observed 'Unconformities' in the landscape – sharp and dramatic junctions between rock layers from vastly different periods of time and proving that the earth is much older than previously thought – ie horizontal sandstone lying over vertical old greywacke rock.

Fast Castle, 8miles south of Cockburnspath

First recorded in 1333, destroyed in 1515 and rebuilt in 1552, the castle has been owned by the Home family for most of its life. Now a ruin, it sits on top of cliffs looking out over the North Sea. Access to the castle was by a drawbridge which has recently been replaced by a concrete path.

St Abbs Head National Nature Reserve, 3miles north of Coldingham

Thousands of various seabirds nest on the ledges of the dramatic cliffs, creating a haven for birdwatchers during the summer months, and the spectacular scenery and lighthouse are enjoyed by visitors all year round. The Reserve is managed by the National Trust for Scotland